

VASTU **COLORS** for Home: Add **Colors** to Life!

By Vastu Consultant, Mr. P Krishna Murthy, MBA (Belgium)

The color scheme for Different Rooms:

Assumptions: All rooms (Bed rooms, Puja rooms, Study room, Kitchen, & Living Hall) are in the specified direction as per vastu.



Master Bedroom:

White, light pink, and light yellow are good colors to choose for the master bedroom among which, light yellow is the best.

Kid's Room:

White, light green, and light blue are the good colors to choose for the bedroom among which light green and/or light blue are the best.



Guest bedroom:

The Guest Room might be used by many different people, with different moods and personalities. Hence, colors like light yellow, light blue, orange and lavender colors should be chosen.

Kitchen:

The best colors for the kitchen are **light yellow**, **rose pink**, **orange**, **chocolate** and **red colors**. Tones of **brown** or **light yellow** are ideal for the kitchen. **White** and **Blue color** should be avoided if the kitchen is in the **SouthEast** corner.

Living room:

The chosen colors should look serene and welcoming. You can use more of white in the living room along with splashes of light yellow, blue or green for living room walls. Avoid red or black.

Puja/Study room:

Yellow color signifies illumination, light, intellect and higher mental activity. It is also a color of goddesses. Yellow is good for studies, concentration and stabilizing the mind, and is best suited on the northern walls of a building.

The best colors for pooja/study room are light yellow, white, cream, light green, light blue. Please avoid using dark colors like red, black, brown etc.

Dining room:

Dining room goes best with refreshing colors like **yellow**, **blue**, **and green**. As it is the family room, these colors stimulate the mind and calm down aggression. Light colors should be preferred for this part of the house. **Black**, **white** or related colors are not recommended.

Bathroom:

White, light blue, and light green give the bathroom a bigger and fresher look. Never use black for the bathroom. It can be white, a mix of black and white, or gray colors. Pink and other pastel colors are also fine.



Preferred & Non-Preferred Colors for Bedroom:

Room \ Color	Ø	×
	Preferred	Not Preferred
Master Bedroom	White, light Pink and light Yellow.	Blue, green
Children Bedroom	White, light Green and light Blue.	Red, Black
Guest Bedroom	Light Yellow, Blue, Orange or Lavender	Black, Red
Living Room	Blue, Green or Pink	Red, Black or White
Kitchen	Light Yellow, Rose Pink, orange, Chocolate or Red.	Blue, White, Silver
Dining room	Yellow, Blue, Green TM	Black & White
Puja / Study room	Yellow	
Bathroom	White, light Blue, light Green	Red, Black
Ceiling	White or Light Yellow.	All

White in the entire home can be used, but **Black** and **Red** should be avoided as much as possible. **Red** should only be used on **South** walls.



The significance of **Colors** as per Vastu:

Yellow:

This color signifies wisdom and patience. It is great for rooms which do not get direct sunlight. Apart from this, yellow is an auspicious color for pooja rooms and study rooms.

Orange:

This color encourages spirituality and power. It encourages positive feelings, happiness, joy, and good social relationship. Subtle shades of orange can be used throughout the house.



Blue:

Blue is the color of the sky as well as water. It signifies new beginnings, emotions, inspiration, devotion, and truth. This shade is excellent for bedrooms, study rooms, and meditation rooms.



Red:

It symbolizes bravery and power. It is dramatic, emotional and active. It should not be used in the bedroom because of its energizing quality. It can be stressful for nervous people.

Purple:

Purple is the color of good judgment and spiritual fulfilment. It can be used in meditation areas.

Green:

Green represents nature, hope, and freshness. It brings harmony, quick healing, good and healthy environment to the room. It is good for the study room as it rejuvenates the ideas.

Pink:

This color represents joy, happiness, and pure feelings. It can be used in the master bedroom and bedrooms in the south and southwest.

Black:

Black indicates lack of hope and confidence. It gives a depressed and tensed feeling. Avoid black and gray in the house as it may cause frustration and hopelessness.

White:

White is a graceful and pure color which looks good when blended with other hues. It is always advisable to have white ceilings. If you wish, you can also paint the entire house white. There is no harm, as long as the entire house is painted white.

Additional information:

Colors of clothing and food consumed on days of the week:

Monday	White
Tuesday	Red
Wednesday	Green
Thursday	Yellow



Friday	Blue
Saturday	Black
Sunday	Golden or Brown

Recommended viewing:

https://www.youtube.com/watch?v=QBIawY_dEBU&t=11s

https://www.youtube.com/watch?v=iYENYx8hdG0&feature=share

https://www.youtube.com/watch?v=FurwP0gQ0hw&t=1s

Profile of Vastu consultant:

P. KRISHNA MURTHY, IT Manager, MBA (United Business Institute, Belgium)

Krishna Murthy is passionate towards ancient Indian Vastu Shastra, Numerology and Chinese Feng Shui. He intends to bring peace and harmony in the society. Moreover, he has been providing **FREE consultancy** to home dwellers since 2013 and enriching them with hope, peace, happiness and harmony through these ancient sciences.

Recommended reading:

- Mahavastu Handbook Dr. Khushdeep Bansal
- Unfolding the veil of mystery Vastu: The Art & Science of Living Ashwini Kumar
- Power of Vaastu And Fengshui (With Case Studies) " Pt. Gopal Sharma
- The Secrets of Vastu: A Guide to Industrial & Financial Prosperity Karan
- The Secrets of Vastu: A Guide to Harmonious Living Karan
- How to Create a Harmonious Home through Ancient Indian Design Principles
- Latest Vastu Shastra (Some Secrets): Jagdish Gutam
- Vastu Corrections without Demolitions: A. R Hari
- Jiten Book on Pyramid for Feng Shui and Vastu